

Dear Ortho-Bionomy fans,

After hounding me (some of you) for many months to put my Spine & Extremities Basic classes tapes on DVD, I have finally done it! I've outdone myself this time by adding more techniques I've learned from other ortho-bionomists since the videotapes of 2004-2005.

New is the piriformis, teres major and minor, general muscle release technique for any muscle in the body, and new bone trauma techniques for fracture history, even with pins, wires, plates intact where there is still pain/discomfort/disability/non-healing.

Now you can access any of the areas of the body directly by choosing the area you want to review on the DVD menu. (no more endless fast forwarding or fast reversing for those who haven't trashed their VCRs yet. Now you can trash them!)



Approved by the National Certification Board for Therapeutic Massage and Bodywork (NCBTMB) as a continuing education provider. NCBTMB Provider No. 153416-00

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